2016 Health Calendar
Charles Sturt University

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The University have a number of key health initiatives for each month in 2016. For more information please click on the individual initiative.

**February**
- Ovarian Cancer Awareness Month
- 14 February Heart Research Day
- 25 February Business Clean up Day
- 26 February Teal Ribbon Day

**March**
- 2 March Clean up Australia Day
- 13 March World Kidney Day
- Wellness and Wellbeing Expo

**April**
- 11 April World Parkinson’s Day
- Bupa Representative on Campus

**June**
- 9 - 15 June Men’s Health Week
- 18 June Red Aussie Apple

**July**
- JuleYEYE Eye Health Awareness Month
- 13 - 19 July National Diabetes Week
- 28 July World Hepatitis Day

**May**
- 18 - 24 May Schizophrenia Awareness Week
- 25 - 31 May Red Undies Week
- 29 May White Wreath Day
- 30 May 65 Roses Day
August

- 1 August Jeans for Genes Day
- 22 August Daffodil Day

September

- Blue September Month
- International Prostate Cancer Month
- Dementia Awareness Month
- 6 - 10 October Sock-It-To-Suicide
- 10 October World Mental Health Day
- 10 October World Suicide Prevention Day

October

- Breast Cancer Awareness Month
- 6 - 10 October Sock-It-To-Suicide
- 10 October World Mental Health Day
- 15 October Ride to Work Day

November

- Lung Awareness Month
- MOvember
- 7 November Walk to Work Day
- 11 November Thank U NICU Day
- 14 November World Diabetes Day
- 25 November White Ribbon Day (Domestic Violence)

December

- 3 December International Day of Persons with Disabilities