

VOLUNTEERS NEEDED

Can coloured rice extracts reduce the risk of heart disease?

Researchers from the School of Biomedical Sciences and the Functional Grains Centre are currently seeking participants. We would like to hear from you if you fit the following criteria:

- Non-smoker Caucasian male or female aged 18 – 65 years

OVERWEIGHT

Perform less than
3 hours of
exercise a week
BMI > 24.9

OR

TYPE 2 DIABETIC

Perform less than 3
hours of exercise a
week
Blood glucose > 5.5

- No current or history of chronic diseases and not pregnant
- Not currently taking anti-inflammatory or anti-clotting drugs

What is required of you?

- Complete 2 questionnaires (approximately 30 minutes)
- Give a small fasting blood sample

A full explanation of the study and your blood results will be provided to you.

Your participation will be greatly appreciated

If you are interested or require further information, please contact:

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