



BACHELOR OF HEALTH SCIENCE (LEISURE AND HEALTH)

> Why study Leisure and Health?

Do you want to work in the growth areas of aged care, disability services, mental health and community service? With the implementation of new aged care policies across Australia and the introduction of the National Disability Insurance Scheme, the leisure and health industry is continuing to grow at a rapid rate. This has led to exciting opportunities being created for leisure and health practitioners to contribute to the areas of social support and care.

> Why study Leisure and Health at CSU?

Charles Sturt University's (CSU's) course provides you with the knowledge and skills to meet the leisure, health and well-being needs of the community.

The course gives you the option to specialise in one of two areas:

- **Diversional Therapy** – this industry accredited strand has a workplace learning component. This allows you to combine theory and practice together in your workplace or during your practical placement. If you have substantial work experience in the area of diversional therapy you may be eligible for exemption from the workplace practice hours.
- **Community Leisure and Health** – this strand has a strong focus on community development to provide you with the skills to promote social change within your community. You will also learn about policy development, advocacy and health promotion.

You will learn from experienced and dedicated professionals who support you to develop your knowledge and skills in the areas of aged care, disability and mental health practice. CSU works closely with industry and professional bodies in the areas of leisure and health to ensure you are job-ready when you graduate.

Some reasons for studying Leisure and Health at CSU:

CSU has the highest graduate employment rate in the country.

Choose between one of two areas, Diversional Therapy or Community Leisure and Health.

Flexible online study allows you to study anywhere, anytime.



This course was a fantastic experience – particularly as I was working in the industry while completing my studies. I highly recommend this course to any leisure professional looking to further their education and broaden potential career pathways. High quality education for leisure professionals has never been more important and this course is designed to support practitioners as they navigate the rapidly changing professional landscape.

Daniella Greenwood

Bachelor of Health Science
(Leisure and Health) graduate



Professional recognition

The Diversional Therapy Association of Australia National Council (DTAANC) provides accreditation to the Diversional Therapy strand in both the Bachelor and Associate Degree.

Career opportunities

Gain work in a wide range of roles within a variety of industries including:

- a diversional therapist in aged care, disability and community
- health promotions specialist
- residential and hostel manager
- disability support officer
- leisure planner and activity officer.

Credit

You may receive credit if you have prior learning and/or workplace experience in leisure and health. This will reduce the total number of subjects that you need to complete.

Flexibility

This course provides you with the flexibility to graduate with an Associate Degree in Health Science (Leisure and Health) after four years of part-time study.

Studying online

Charles Sturt University is one of the most experienced providers of online education in Australia. Our innovative course delivery uses the latest technology to connect you with your lecturers and fellow students. You will have access to our comprehensive communication systems, online forums, wikis, blogs, podcasts and library resources.

Studying online provides real flexibility, allowing you the freedom to choose when and where you complete your degree. With the flexibility of CSU's online learning and research tools, you can study your way, in your time.

For more information about studying online with CSU, visit:
futurestudents.csu.edu.au/csu-online

About CSU

CSU is a national university focusing on excellence in education for the professions, strategic and applied research, and flexible delivery of learning and teaching. We work in close association with industry, professions and government to ensure our courses meet and support industry needs, resulting in high graduate employment levels and starting salaries. We attract more than 38,000 students from Australia and around the world and are well-known for our innovative approach to education, offering practical, hands-on courses, supported online to provide our students with accessible, world class education.

visit
www.csu.edu.au

For more information or to apply, visit:

www.csu.edu.au/courses/bachelor-of-health-science-leisure-and-health



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*Graduate Destination Survey 2013-15, published on Quality Indicators for Learning and Teaching (QILT)
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