Master of Clinical Exercise Physiology (Rehabilitation)

REQUIREMENTS FOR ADMISSION

Am I eligible to apply?

Applicants must:

- have completed a Bachelor of Exercise and/or Sports Science or equivalent qualification (e.g. Bachelor of Human Movement or Bachelor of Applied Science (Human Movement)).

AND

- provide evidence of Graduate-Entry Membership assessment letter from Exercise and Sport Science Australia (ESSA) indicating that all Exercise Science knowledge and skills criteria have been satisfied OR that does not indicate additional studies in Exercise Science are required.

Because the Master of Clinical Exercise Physiology (Rehabilitation) is a standalone postgraduate program in Exercise Physiology, undergraduate knowledge and skills in Exercise Science are not developed within the course and are assumed knowledge upon course entry. As such, it is essential that ESSA evaluates all applicants to ensure that their undergraduate studies are appropriate and will satisfy professional accreditation requirements. Additionally, feedback from ESSA is essential to determine your eligibility for recognition of prior learning for up to 140 hours of apparently healthy placement (see below).

I have received my Graduate-Entry Membership assessment letter from ESSA indicating I meet all Exercise Science knowledge and skills criteria. What do I do with this evidence?

Attach your Graduate-Entry Membership assessment letter to your online application to this course.

I have received my Graduate-Entry Membership assessment letter from ESSA, but it indicates I have a number of small gaps in my Exercise Science knowledge and skills. What do I do with this evidence?

Attach your Graduate-Entry membership assessment letter to your online application to this course. However, no guarantees can be made that you will meet the course admission requirements.

I have completed a National University Course Accreditation Program (NUCAP) accredited Exercise Science course within the past two years. Is it possible to waive the requirement of Graduate-Entry Membership with ESSA?

No. Applicants who have recently completed a NUCAP accredited Exercise Science course are guaranteed to satisfy all Exercise Science knowledge and skills criteria and will not need to complete additional university studies in Exercise Science. However, applying for Graduate-Entry Membership is necessary in order to have the apparently healthy placement hours evaluated against the Exercise Physiology criteria.

I currently have Exercise Science (Full) Membership with ESSA. Is it possible to waive the requirement of Graduate-Entry Membership with ESSA?

No. Applicants with current Exercise Science (Full) Membership are guaranteed to satisfy all Exercise Science knowledge and skills criteria and will not need to complete additional university studies in Exercise Science. However, applying for Graduate-Entry Membership is necessary in order to have your apparently healthy placement hours evaluated against the Exercise Physiology criteria.

Is there a mid-year intake into the Master of Clinical Exercise Physiology (Rehabilitation)?

No. Students may only commence the course at the start of the academic year.

Can I study the program part-time?

Yes. Please see the part-time course enrolment pattern described under ‘Subjects’ on the online course brochure at: www.csu.edu.au/courses/clinical-exercise-rehab

UPON ADMISSION TO COURSE / PROFESSIONAL PLACEMENT

I have my Apply First Aid and CPR Certificates, National Police Clearance and Working with Children Check, and vaccination against infectious disease requirements. What do I do with this evidence?

Forward this evidence to the School of Human Movement Studies Placement Co-ordinator, via email to: shmsprac@csu.edu.au

Is it possible to waive the Apply First Aid and CPR Certificates, National Police Clearance and Working with Children Check, or vaccination against infectious disease requirements?

No. All students must provide evidence that these requirements have been satisfied prior to the commencement of any professional placements. No exceptions can be made.

What is the workload like?

The course consists of four subjects; two subjects in Session 1 and two subjects in Session 2. Each subject is double-weighted and is 16 points (a standard subject at CSU has 8 points). This equates to roughly 280-320 hours of study per subject per session (or 20-23 hours per subject per teaching week). As such, the course is very demanding. Applicants who plan to continue working full-time and/or have demanding personal commitments are strongly encouraged to enrol part-time.

When are the residential schools scheduled?

There are two compulsory residential schools for this course – a three-day residential school in late June or early July and a two-day residential school in November. Both residential schools are attached to the subject EHRS10 Exercise Physiology and Health Care Practice. Details regarding these residential schools will be provided at the start of the first teaching session.

How many placement hours do I need to complete?

A minimum of 500 hours of professional placement must be completed to satisfy course requirements. These 500 hours are dispersed amongst both apparently healthy and clinical clients as stated in Exercise Physiology accreditation guidelines. Specifically, students must complete:

- a minimum of 140 hours with apparently healthy clients;

AND

- a minimum of 360 hours with clinical clients divided among specific categories of:
  - a minimum of 140 hours with cardiopulmonary / metabolic clients;
  - a minimum of 140 hours with musculoskeletal / neurological client; and
  - a maximum of 80 hours with other clinical clients (e.g. mental health, cancer, kidney disease).
Can I get an exemption from completing some or all of the 500 hours of professional placement?

Students who provide evidence from ESSA that they have satisfied some or all of the 140 hours of apparently healthy placement will be exempt from completing those ESSA approved hours. Evidence of this will be contained in the Graduate-Entry Membership assessment letters provided by ESSA. All 360 hours of clinical placement must be completed within the course and no exemptions can be made. This is a course accreditation requirement.

Where will I go for professional placements?

CSU has pre-arranged blocks that students can nominate for after providing evidence of all placement prerequisites, i.e. completed Graduate-Entry Assessment, current First Aid, current CPR, National Police Clearance issued within the last three years, Working With Children clearance and evidence of protection against infectious diseases.

With large variations in locations for students each year, it is likely that there will not be blocks available in all locations and we will need to source an appropriate location in your area. It is anticipated that students may need to travel to complete some or all placements depending on their location. Students are responsible for payment of any expenses associated with such travel.

Can one or more of my placements be undertaken at my current workplace?

If students are currently working in a location that provides opportunity for hours to be completed whilst at work, CSU will need to first determine suitability of the placement. Also note that it is an accreditation requirement that students complete their placements across more than one setting, thus, not all placement hours will be able to be completed at your workplace.

Are scholarships available?

Yes. Services for Australian Rural and Remote Allied Health (SARRAH) administers the Allied Health Streams of the Nursing and Allied Health Scholarship and Support Stream (NAHSSS). Funding is provided by the Department of Health and Ageing (DoHA). For more information, visit: www.sarrah.org.au or: www.csu.edu.au/scholarships

Where can I get more information?

For further information about the Master of Clinical Exercise Physiology (Rehabilitation), you may contact info.csu on 1800 334 733 or submit an enquiry at: www.csu.edu.au/contacts/enquiry

For more information on this course, please visit the online course brochure: www.csu.edu.au/courses/clinical-exercise-rehab

The Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS) Provider Number for Charles Sturt University is 00009F. © Charles Sturt University, 2014. JB F4128.