

# Bachelor of Health Science (Leisure and Health) Articulated Set

*includes:*

**Bachelor of Health Science (Leisure and Health)**  
**Associate Degree in Health Science (Leisure and Health) [Exit Point Only]**

**The course includes the following awards:**

Associate Degree in Health Science (Leisure and Health) *AssocDegHlthSc(Leisure&Hlth)*

Bachelor of Health Science (Leisure and Health) *BHlthSc(Leisure&Hlth)*

## **Course Study Modes and Locations**

**Bachelor of Health Science (Leisure and Health) (1409LH)**

*Distance Education - Albury-Wodonga*

Availability is subject to change, please verify prior to enrolment.

## **Normal course duration**

**Bachelor of Health Science (Leisure and Health)**

Full-time 3.0 years (6.0 sessions)

**Associate Degree in Health Science (Leisure and Health) [Exit Point Only]**

Full-time 2.0 years (4.0 sessions)

Normal course duration is the effective period of time taken to complete a course when studied Full-time (Full-time Equivalent: FTE). Students are advised to consult the Enrolment Pattern for the actual length of study. Not all courses are offered in Full-time mode.

## **Admission criteria**

[CSU Admission Policy](#)

**Bachelor of Health Science (Leisure and Health)**

To be admitted into the course, prospective students need to indicate their likelihood of success through:

1. 1. previous studies  
and/or
2. 2. other attainments and experience.

**Previous studies**

Previous studies include:

- The NSW Higher School Certificate or interstate /overseas equivalent;
- The International Baccalaureate Diploma;
- A completed or part completed course of a university, college of advanced education or other accredited tertiary institution;
- A completed or part completed course of a TAFE college or other accredited post-secondary institution (including TAFE Tertiary Preparation Certificate);
- An approved Foundation Studies program certificate;
- completion of undergraduate subjects as an Associate Student with the University or through another University, or Open Learning Australia.

Applicants must currently or have previously worked in a relevant area of employment related to the proposed study (e.g in aged care, disabilities, mental health, youth at risk, etc)

Special entry mature age applicants are requested to provide a two page letter of motivation and commitment, discussing the reasons why they wish to enrol in either of the Leisure and Health courses.

**Attainment and experience**

Students may be admitted to a course based on other attainments and experience. These may include:

- Voluntary or paid work experience;
- Performance in tests and examinations conducted by professional recognised bodies;
- Participation in continuing education programs and/or staff development programs;
- Conducted by adult education agencies, consultancies, professional bodies or employers;
- Completion of the Special Tertiary Admissions Test (STAT).

**Special consideration scheme**

Applicants who believe they have experienced circumstances resulting in disadvantage may apply for special consideration under the University's Special Consideration Scheme.

## Credit

[CSU Credit Policy](#)

### Bachelor of Health Science (Leisure and Health)

Students may be granted credit for free elective subjects based upon previous relevant work experience and/or tertiary study. Any applicant having practised in a relevant field for two or more years would be eligible for up to four subjects credit. In addition applicants with prior tertiary study including TAFE may gain additional credit. Other additional advanced credit will be determined on an individual basis including subject for subject credit for prior university subjects.

There are three levels of credit entry into the course:

#### Level A Admission:

Students with appropriate professional work experience will be eligible for credit for the equivalent one free elective subject for each year of professional experience up to a maximum of four subjects.

#### Level B Admission:

Students who have had appropriate tertiary education qualifications and professional work experience will be eligible for credit on an individual basis.

#### Level C Admission:

Students who have had no prior work related experience and no prior tertiary education. These students will be expected to complete the entire number of course subjects for the level of education they wish to pursue. They will also be expected to complete a practical work experience to be negotiated independently with the course coordinator.

## Articulation

The Bachelor and Associate Degree *[Exit Point Only]* make up an articulated set of courses and credit is given in each higher level course for the subjects completed in the lower.

## Graduation requirements

### Bachelor of Health Science (Leisure and Health)

To graduate students must satisfactorily complete 192 points.

### Associate Degree in Health Science (Leisure and Health) *[Exit Point Only]*

To graduate students must satisfactorily complete 128 points.

## Course Structure

### ASSOCIATE DEGREE OF HEALTH SCIENCE (LEISURE AND HEALTH) (Exit point Only)

The Associate Degree of Health Science (Leisure and Health) course is of 128 points. It has two strands. The first is the Diversional Therapy strand which consists of 9 core subjects (72 points), a restricted elective sequence of five subjects (48 points) and 1 unrestricted elective (8 points). The second strand is the Community Leisure and Health strand which consists of 9 core subjects (72 points), a restricted elective sequence of 6 subjects (48 points) and 1 unrestricted elective (8 points). Students choose their specialised strand in session five.

### Core Subjects (72 points)

[LES101](#) Introduction to Leisure & Health

[LES102](#) Leisure Programming with Diverse Populations

[LES110](#) Foundations of Leisure Activity

[LAW131](#) Legal and Ethical Issues in Health

[REC167](#) Recreation Leadership and Communication

[PSY111](#) Foundations of Psychology for Health and Human Services

[PSY214](#) Health Psychology

[SOC101](#) Introduction to Sociology

[SOC108](#) Sociology of Health and Health Care

### Restricted electives

### Diversional Therapy strand (48 points)

[LES210](#) Diversional Therapy and Leisure Practice (16 points)

[WEL206](#) Facilitating Positive Behaviour

students choose one of the following sequences:

[GER102](#) Gerontology Theory & Research

**[GER204](#) Aging and Professional Practice**

PSY 216 Psychology of Ageing

or

**[SOC102](#)** Social Inequality**[WEL217](#)** Social Dimensions of Disability**[WEL228](#)** Disability Issues for Families

and one unrestricted elective (8 points)

**Community Leisure and Health strand (48 points)****[LES202](#)** Community Leisure & Health Issues**[SOC308](#)** Community Analysis**[POL213](#)** Australian Government and Politics

students choose one of the following sequences:

**[SOC102](#)** Social Inequality**[WEL228](#)** Disabilities Issues for Families**[WEL217](#)** Social Dimensions of Disability

or

**[MGT100](#)** Organisations and Management**[COM105](#)** Communication**[MGT210](#)** Organisational Behaviour

or

**[SOC102](#)** Social Inequality**[WEL116](#)** Drugs, Alcohol and Gambling 1**[WEL229](#)** Drugs, Alcohol and Gambling 2

and one unrestricted elective (8 points)

**BACHELOR OF HEALTH SCIENCE (LEISURE AND HEALTH)**

The Bachelor of Health Science (Leisure and Health) course is of 192 points. It has two strands. The first is the Diversional Therapy strand which consists of 12 core subjects (96 points), a restricted elective sequence of six subjects (56 points) and 5 unrestricted electives (40 points). The second strand is the Community Leisure and Health strand which consists of 12 core subjects (96 points), a restricted elective sequence of 7 subjects (56 points) and 5 unrestricted electives (40 points).

**Core Subjects (96 points)****[LES101](#)** Introduction to Leisure & Health

[LES102](#)Leisure Programming with Diverse Populations  
[LES110](#)Foundations of Leisure Activity  
[LES301](#)Leisure and Health Policy and Program Development  
[LES302](#)Leisure and Social Relations  
[HCS204](#)Research Methods  
[LAW131](#)Legal and Ethical Issues in Health  
[REC167](#)Recreation Leadership and Communication  
[PSY111](#)Foundations of Psychology 1S  
[PSY214](#)Health Psychology  
[SOC101](#)Introduction to Sociology  
[SOC108](#)Sociology of Health and Health Care

### **Restricted electives**

Diversional Therapy strand (56 points)

[LES210](#)Diversional Therapy and Leisure Practice (16 points)  
[WEL206](#)Facilitating Positive Behaviours  
[WEL218](#)Developing Cross Cultural Competencies

students choose one of the following sequences:

[GER102](#)Gerontology Theory & Research  
[GER204](#)Aging and Professional Practice  
[PSY216](#)Psychology of Ageing

or

[SOC102](#)Social Inequality  
[WEL217](#)Social Dimensions of Disability  
[WEL228](#)Disability Issues for Families

and five unrestricted electives (40 points)

### **Community Leisure and Health strand (56 points)**

[LES202](#)Community Leisure & Health Issues  
[SOC308](#)Community Analysis

[POL213](#)Australian Government and Politics  
[SOC218](#)Policy, Power and Social Action

students choose one of the following sequences:

[SOC102](#)Social Inequality  
[WEL228](#)Disabilities Issues for Families  
[WEL217](#)Social Dimensions of Disability

or

[MGT100](#)Organisations and Management

[COM105](#)Communication

[MGT210](#)Organisational Behaviour

or

[SOC102](#)Social Inequality

[WEL116](#)Drugs, Alcohol and Gambling 1

[WEL229](#)Drugs, Alcohol and Gambling 2

and five unrestricted electives (40 points)

## **Enrolment Pattern**

## **BACHELOR OF HEALTH SCIENCE (LEISURE AND HEALTH)**

### **Part-time**

#### **Session 1**

[LES101](#)Introduction to Leisure & Health

[SOC101](#)Introduction to Sociology

#### **Session 2**

[LES102](#)Leisure Programming with Diverse Populations

[LAW131](#)Legal and Ethical Issues in Health

#### **Session 3**

[PSY111](#)Foundations of Psychology for Health and Human Services

[REC167](#)Recreation Leadership and Communication

#### **Session 4**

[PSY214](#)Health Psychology

[LES110](#)Foundations of Leisure Activity

#### **Session 5**

[LES210](#)Diversional Therapy and Leisure Practice (16pts) (commenced)

and

[WEL206](#)Facilitating Positive Behaviours

or

[LES202](#)Community Leisure & Health Issues

and

[SOC308](#)Community Analysis

## Session 6

[SOC108](#)Sociology of Health and Health Care

and either

[LES210](#)Diversional Therapy and Leisure Practice (16pts) (completed)

or

[POL213](#)Australian Government and Politics

## Session 7

☐ Restrictive elective

☐ Restrictive elective

## Session 8

☐ Restricted elective

☐ Unrestricted elective

*Students may elect to exit at this point and graduate with the award Associate Degree of Health Science (Leisure and Health).*

## Session 9

[LES301](#)Leisure and Health Policy and Program Development

[HCS204](#)Research Methods

## Session 10

[LES302](#)Leisure and Social Relations

[WEL218](#)Developing Cross Cultural Competencies

or

[SOC218](#)Policy, Power and Social Action

## Session 11

☐ Unrestricted Elective

☐ Unrestricted Elective

## Session 12

☐ Unrestricted Elective

☐ Unrestricted Elective

## Workplace learning



Please note that the following subjects may contain a Workplace Learning component.

LES210 Diversional Therapy and Leisure Practice

### **Accreditation**

The Diversional Therapy Association of Australia National Council (DTAANC) provides accreditation to the Diversional Therapy strand in both the Bachelor and Associate Degrees.

### **Contact**

For further information about Charles Sturt University, or this course offering, please contact info.csu on 1800 334 733 (free call within Australia) or email [inquiry@csu.edu.au](mailto:inquiry@csu.edu.au)

*The information contained in the 2016 CSU Handbook was accurate at the date of publication: October 2015. The University reserves the right to vary the information at any time without notice.*

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