

# Graduate Certificate in Human Nutrition

*includes:*

## Graduate Certificate in Human Nutrition

The course provides graduates with a level of knowledge, understanding and skills in food and nutrition and its scientific basis to enable them to work in multidisciplinary teams in a range of health and community settings. Graduates are able to apply scientific knowledge of the physiological and biochemical processes relevant to human nutrition to assessing the nutritional value of natural and manufactured foods; understand the social, cultural, psychological, environmental, economic and political complexities of food systems from an individual, group, community and population perspective; understand food and nutrition policy, food safety and food laws and regulation; develop evidence based, sustainable, culturally and socially appropriate interventions to provide a safe and nutritious food supply and to improve nutritional status of individuals, groups, communities and populations; and communicate findings in a clear and concise manner to a variety of audiences.

## The course includes the following awards:

Graduate Certificate in Human Nutrition *GradCertHumanNutrit*

## Course Study Modes and Locations

### Graduate Certificate in Human Nutrition (4311HN)

*Distance Education - Wagga Wagga*

Availability is subject to change, please verify prior to enrolment.

## Normal course duration

### Graduate Certificate in Human Nutrition

Full-time 0.5 years (1.0 sessions)

Normal course duration is the effective period of time taken to complete a course when studied Full-time (Full-time Equivalent: FTE). Students are advised to consult the Enrolment Pattern for the actual length of study. Not all courses are offered in Full-time mode.

## Admission criteria

[CSU Admission Policy](#)

Applicants to this course will have completed a 3 or 4 year undergraduate degree. An understanding of introductory human physiology is assumed and applicants who lack prior study in in this area may be advised to undertake additional study prior to commencing this course.

## Credit

[CSU Credit Policy](#)

Standard CSU credit regulations apply.

## Graduation requirements

To graduate students must satisfactorily complete 32 points.

## Course Structure

This course, of 32 points duration, consists of 4 X 8 point compulsory subjects as follows:

[BMS208](#)Human Nutrition

[NUT320](#)Food Intake Analysis and Meal Planning

[NUT405](#)Food Systems, People and Health

[NUT406](#)People, Nutrition and Local Food Environments

## Enrolment Pattern

Session 1 (S1)

[NUT405](#)Food Systems, People and Health

[NUT320](#)Food Intake Analysis and Meal Planning

Session 2 (S2)

[BMS208](#)Human Nutrition

[NUT406](#)People, Nutrition and Local Food Environments

## Workplace learning

Please note that the following subjects may contain a Workplace Learning component.

NUT201 Food and Health

## Contact

For further information about Charles Sturt University, or this course offering, please contact info.csu on 1800 334 733 (free call within Australia) or email [inquiry@csu.edu.au](mailto:inquiry@csu.edu.au)

*The information contained in the 2016 CSU Handbook was accurate at the date of publication: October 2015. The University reserves the right to vary the information at any time without notice.*

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