

Bachelor of Education (Health and Physical Education)

includes:

Bachelor of Education (Health and Physical Education)

The Bachelor of Education (Health and Physical Education) prepares graduates with the understandings and skills to be effective teachers of Personal Development, Health and Physical Education in secondary schools. It is an integrated course comprising of professional studies in education and discipline studies in exercise science, physical education, human movement, personal development, social and community health and physical activity. Secondary school health and physical education teachers work to promote both students physical fitness and their health and emotional wellbeing. This course prepares graduates for a career in educational contexts, nationally and internationally and their communication and management skills are transferable to other fields, such as the sports and fitness industry, community health education, sport and recreation administration and coaching.

The course includes the following awards:

Bachelor of Education (Health and Physical Education) *BEd(Hlth&PE)*

Course Study Modes and Locations

Bachelor of Education (Health and Physical Education) (3409ED)

On Campus - Bathurst

Availability is subject to change, please verify prior to enrolment.

Normal course duration

Bachelor of Education (Health and Physical Education)

Full-time 4.0 years (8.0 sessions)

Can be completed in a four (4) year 3 semester calendar period.

Normal course duration is the effective period of time taken to complete a course when studied Full-time (Full-time Equivalent: FTE). Students are advised to consult the Enrolment Pattern for the actual length of study. Not all courses are offered in Full-time mode.

Admission criteria

[CSU Admission Policy](#)

Normal admission requirements of the University will apply, with students being admitted under the UAC system.

English Language Proficiency Entry Requirements for Teacher Education Preparation Programs

English Language Proficiency entry requirements for non-Anglophone International students are: an overall IELTS (or equivalent) score of 7.5 (with no score below 7 in reading and writing, and a score of no less than 8 in speaking and listening).

Note: Please refer to relevant National or State employing bodies for their English language proficiency requirements when seeking employment.

Credit

[CSU Credit Policy](#)

The following credit arrangements apply:

* Credit for EHR221 Conditioning and Physical Activity - 8 subject points, Transfer Credit (TCR) - based upon Diploma of Fitness, Fitness Institute of Australia or Australian Institute of Applied Sciences or SIS50210 TAFE NSW.

* Credit for EHR221 Conditioning and Physical Activity - 8 subject points, Transfer Credit (TCR) - based upon Certificate IV in Fitness, Australian Institute of Applied Sciences or SIS40210 TAFE NSW.

* Credit for EHR221 Conditioning and Physical Activity - 8 subject points, Transfer Credit (TCR) - based upon Certificate III in Fitness, Australian Institute of Applied Sciences or SIS30310 TAFE NSW.

Graduation requirements

To graduate students must satisfactorily complete 264 points.

Course Structure

The length of the course is 33 subjects (264 subject points) including 10 Exercise Science discipline subjects, 11 Education subjects, 1 Indigenous Cultural Studies subject, 2 Curriculum Method subjects, 4 Physical Education subjects, 3 Health subjects, 1 Mathematics subject and a compulsory subject (Literacy). The course includes a Community Professional Experience subject (0 points).

NOTE: Recent national and NSW Government changes related to pre-service teacher standards of literacy and numeracy indicate that state and/or national tests of literacy and numeracy must be satisfactorily completed by all students prior to their final professional experience placement and graduation. For this reason additional pre-requisites pertaining to literacy and numeracy may be applied to subjects as required.

Core Subjects:

[LIT101](#) Language and Text

[MTH101](#) Computer Aided Mathematics 1 with Applications OR [MTH105](#) Introductory Mathematics

Indigenous Culture & Histories:

[IKC101](#) Indigenous Cultures, Histories and Contemporary Realities

Education subjects:

[EEA202](#) Managing the Classroom Environment

[EED308](#) Adolescence & Learning

[EED408](#) Successful Teaching

[EEE405](#) Assessment & Reporting

[ELN402](#) Literacy Strategies for Learning

[EEP306](#) Pedagogy in Diverse Classrooms

[ESC407](#) Classroom Technologies

[ESS419](#) Principles of Inclusive Education

[EPT241](#) Professional Experience Introduction

[EPT329](#) Working within the Community

[EPT436](#) Transition to the Teaching Profession

Exercise Science subjects:

[EHR101](#) Sociocultural Foundations of Human Movement

[EHR119](#) Anatomy & Physiology 1

[EHR120](#) Anatomy & Physiology 2

[EHR128](#) Understanding Research

[EHR202](#) Human Exercise Physiology

[EHR214](#) Skill Acquisition

[EHR218](#) Biomechanics

[EHR221](#) Conditioning & Physical Activity

[EHR225](#) Growth, Motor Development & Ageing
[EHR303](#) Contemporary Issues in Physical Activity

Physical Education subjects:

[EHR219](#) Games, Sports & Contemporary Physical Activity I
[EHR223](#) Gymnastics and Dance
[EHR114](#) Aquatics and Track & Field
 EHR334 Games, Sports & Contemporary Physical Activity 2

Health subjects:

[EHR212](#) Young People's Health and Wellbeing: Perspectives and Pedagogies
[EHR305](#) Young People and Health Advocacy
[EHR129](#) Contemporary Perspectives of Health

Curriculum Method subjects:

[EMR441](#) Curriculum Method 1:PDHPE & Outdoor Education
[EMR442](#) Curriculum Method 2:Senior Health, Physical, Outdoor and Environmental Education

Community Professional Experience subject:

[EEB106](#) Community Cultural Education Program

Key Subjects from 201430 are:

[LIT101](#) Language and Text
[IKC101](#) Indigenous Cultures, Histories and Contemporary Realities
[MTH105](#) Introductory Mathematics; or MTH101 Computer Aided Mathematics 1 with Applications
[EHR119](#) Anatomy & Physiology 1
[EHR202](#) Human Exercise Physiology
[EMR441](#) Curriculum Method 1:PDHPE

Enrolment Pattern

Bachelor of Education (Health and PE)

Flexible Offering

[LIT101](#) Language and Text*

*It is recommended that this subject be undertaken within the first year of study.

SESSION 1 INTAKE

YEAR 1

Session 1

[MTH105](#) Introductory Mathematics OR [MTH101](#) Computer Aided Mathematics 1 with Applications
[EHR101](#) Sociocultural Foundations of Human Movement

[EHR119](#) Anatomy & Physiology 1
[LIT101](#) Language and Text

Session 2

[IKC101](#) Indigenous Cultures, Histories and Contemporary Realities
[EHR129](#) Contemporary Perspectives of Health
[EHR120](#) Anatomy & Physiology 2
[EHR221](#) Conditioning & Physical Activity

Session 3

[EHR128](#) Understanding Research
[EEB106](#) Community Cultural Education Program

YEAR 2

Session 1

[EHR114](#) Aquatics and Track & Field
[EHR219](#) Games, Sports & Contemporary Physical Activity I
[EHR202](#) Human Exercise Physiology
[EHR225](#) Growth, Motor Development & Ageing

Session 2

[EHR223](#) Gymnastics and Dance
[EHR214](#) Skill Acquisition
[EHR218](#) Biomechanics
[EHR212](#) Young People's Health and Wellbeing: Perspectives and Pedagogies

YEAR 3

Session 1

[EPT241](#) Professional Experience Introduction
[EED408](#) Successful Teaching
[EMR441](#) Curriculum Method 1: PDHPE & Outdoor Education
[EEA202](#) Managing the Classroom Environment

Session 2

[EEP306](#) Pedagogy in Diverse Classrooms
[EED308](#) Adolescence & Learning
[EHR334](#) Games, Sports & Contemporary Physical Activity 2
[EHR303](#) Contemporary Issues in Physical Activity

YEAR 4

Session 1

[EPT329](#) Working within the Community
[ESS419](#) Principles of Inclusive Education
[ELN402](#) Literacy Strategies for Learning

[ESC407](#) Classroom Technologies**Session 2**[EPT436](#) Transition to the Teaching Profession[EEE405](#) Assessment & Reporting[EMR442](#) Curriculum Method 2: Senior Health, Physical, Outdoor and Environmental Education[EHR305](#) Young People and Health Advocacy**SESSION 2 INTAKE****Year 1****Session 2**[IKC101](#) Indigenous Cultures, Histories and Contemporary Realities[EHR221](#) Conditioning & Physical Activity[EHR120](#) Anatomy & Physiology 2[EHR129](#) Contemporary Perspectives of Health**Session 3**[EEB106](#) Community Cultural Education Program**YEAR 2****Session 1**[MTH105](#) Introductory Mathematics OR [MTH101](#) Computer Aided Mathematics 1 with Applications[LIT101](#) Language and Text[EHR101](#) Sociocultural Foundations of Human Movement[EHR119](#) Anatomy & Physiology 1**Session 2**[EHR223](#) Gymnastics and Dance[EHR214](#) Skill Acquisition[EHR218](#) Biomechanics[EHR212](#) Young People's Health and Wellbeing: Perspectives and Pedagogies**Session 3**[EHR128](#) Understanding Research**YEAR 3****Session 1**[EHR114](#) Aquatics and Track & Field[EMR441](#) Curriculum Method 1: PDHPE & Outdoor Education[EPT241](#) Professional Experience Introduction[EED408](#) Successful Teaching

Session 2

[EHR303](#) Contemporary Issues in Physical Activity

[EEP306](#) Pedagogy in Diverse Classrooms

[EED308](#) Adolescence & Learning

[EMR442](#) Curriculum Method 2: Senior Health, Physical, Outdoor and Environmental Education

YEAR 4**Session 1**

[EEA202](#) Managing the Classroom Environment

[EHR225](#) Growth, Motor Development & Ageing

[EHR219](#) Games, Sports & Contemporary Physical Activity I

[EPT329](#) Working within the Community

Session 2

[EHR305](#) Young People and Health Advocacy

[EEE405](#) Assessment & Reporting

[EHR334](#) Games, Sports & Contemporary Physical Activity II

[ESC407](#) Classroom Technologies

Year 5**Session 1**

[ELN402](#) Literacy Strategies for Learning

[EPT436](#) Transition to the Teaching Profession

[ESS419](#) Principles of Inclusive Education

[EHR202](#) Human Exercise Physiology

SESSION 3 INTAKE**Session 3**

[IKC101](#) Indigenous Cultures, Histories and Contemporary Realities

YEAR 1**Session 1**

[MTH105](#) Introductory Mathematics OR [MTH101](#) Computer Aided Mathematics 1 with Applications

[EHR101](#) Sociocultural Foundations of Human Movement

[EHR119](#) Anatomy & Physiology 1

[LIT101](#) Language and Text

Session 2

[EHR129](#) Contemporary Perspectives of Health

[EHR120](#) Anatomy & Physiology 2

[EHR221](#) Conditioning & Physical Activity

Session 3

- [EHR128](#) Understanding Research
- [EEB106](#) Community Cultural Education Program

YEAR 2**Session 1**

- [EHR114](#) Aquatics and Track & Field
- [EHR219](#) Games, Sports & Contemporary Physical Activity I
- [EHR202](#) Human Exercise Physiology
- [EHR225](#) Growth, Motor Development & Ageing

Session 2

- [EHR223](#) Gymnastics and Dance
- [EHR214](#) Skill Acquisition
- [EHR218](#) Biomechanics
- [EHR212](#) Young People's Health and Wellbeing: Perspectives and Pedagogies

YEAR 3**Session 1**

- [EPT241](#) Professional Experience Introduction
- [EMR441](#) Curriculum Method 1: PDHPE & Outdoor Education
- [EEA202](#) Managing the Classroom Environment
- [EED408](#) Successful Teaching

Session 2

- [EHR303](#) Contemporary Issues in Physical Activity
- [EEP306](#) Pedagogy in Diverse Classrooms
- [EED308](#) Adolescence & Learning
- [EHR334](#) Games, Sports & Contemporary Physical Activity II

YEAR 4**Session 1**

- [EPT329](#) Working within the Community
- [ESS419](#) Principles of Inclusive Education
- [ELN402](#) Literacy Strategies for Learning
- [ESC407](#) Classroom Technologies

Session 2

- [EPT436](#) Transition to the Teaching Profession
- [EEE405](#) Assessment & Reporting
- [EMR442](#) Curriculum Method 2: Senior Health, Physical, Outdoor and Environmental Education
- [EHR305](#) Young People and Health Advocacy

Workplace learning

Please note that the following subjects may contain a Workplace Learning component.

EEB106 Community Cultural Education Program
EPT241 Professional Experience - Introduction to the Secondary Context
EPT329 Working Within The Community
EPT436 Transition to the Teaching Profession

Residential School

Please note that the following subjects may have a residential school component.

EHR119 Anatomy & Physiology 1
EHR120 Anatomy & Physiology 2
EHR202 Human Exercise Physiology
EHR221 Conditioning & Physical Activity

Enrolled students can find further information about CSU residential schools via the [About Residential School](#) page.

Accreditation

This course is accredited by the NSW Education Standards Authority (NESA) until 31 December 2019 for national accreditation recognised by the Australian Institute of Teaching and School Leadership (AITSL).

Contact

Current Students

For any enquiries about subject selection or course structure you will need to contact your Course Director. You can find the name and contact details for your Course Director in your offer letter or contact your School office.

Prospective Students

For further information about Charles Sturt University, or this course offering, please contact info.csu on 1800 334 733 (free call within Australia) or [enquire online](#).

The information contained in the 2017 CSU Handbook was accurate at the date of

publication: May 2017. The University reserves the right to vary the information at any time without notice.

[Back](#)