

Bachelor of Health Science (Mental Health) Articulated Set

includes:

Bachelor of Health Science (Mental Health)

Associate Degree in Health Science (Mental Health) [Exit Point Only]

Diploma of Health Science (Mental Health) [Exit Point Only]

The Bachelor of Health Science (Mental Health) graduates have appropriate knowledge, understanding, skills and attitudes to work competently as a mental health worker within their own communities and mainstream mental health services. This specialist program aims to prepare graduates to work with Aboriginal and Torres Strait Islander clients, their family and communities and other health professionals, Indigenous and non-Indigenous. Graduates have a sound understanding of primary health care, cultural safety, equity and socio-cultural aspects of care.

The Associate Degree of Health Science (Mental Health) graduates have intermediate knowledge, understanding, skills and attitudes to work competently as a mental health worker within their own communities and mainstream mental health services. This program aims to prepare graduates to work with Aboriginal and Torres Strait Islander clients, their family and communities and other health professionals, Indigenous and non-Indigenous. Graduates have an understanding of primary health care, cultural safety, equity and socio-cultural aspects of care.

The Diploma of Health Science (Mental Health) graduates have foundation level knowledge, understanding, skills and attitudes to assist in providing mental health care and support to Aboriginal and Torres Strait Islander clients, their family and communities.

The course includes the following awards:

Associate Degree in Health Science (Mental Health) *AssocDegHlthSc(MentalHlth)*

Bachelor of Health Science (Mental Health) *BHlthSc(MentalHlth)*

Diploma of Health Science (Mental Health) *DipHlthSc(MentalHlth)*

Course Study Modes and Locations

Bachelor of Health Science (Mental Health) (4409MH)

Distance Education - Wagga Wagga

Availability is subject to change, please verify prior to enrolment.

Normal course duration**Diploma of Health Science (Mental Health) [Exit Point Only]**

Full-time 1.0 years (2.0 sessions)

Part-time 2.0 years (4.0 sessions)

Bachelor of Health Science (Mental Health)

Full-time 3.0 years (6.0 sessions)

Part-time 6.0 years (12.0 sessions)

Associate Degree in Health Science (Mental Health) [Exit Point Only]

Full-time 2.0 years (4.0 sessions)

Part-time 4.0 years (8.0 sessions)

Normal course duration is the effective period of time taken to complete a course when studied Full-time (Full-time Equivalent: FTE). Students are advised to consult the Enrolment Pattern for the actual length of study. Not all courses are offered in Full-time mode.

Admission criteria

[CSU Admission Policy](#)

Bachelor of Health Science (Mental Health)

To be admitted in the Bachelor of Health Science (Mental Health) applicants will:

- be of Aboriginal and Torres Strait Islander background;
and
- demonstrate an aptitude to undertake this course through previous relevant experiences in the field of mental health and Indigenous issues;
AND, if required:
- have completed a bridging program.

Credit

[CSU Credit Policy](#)

Bachelor of Health Science (Mental Health)

Charles Sturt University credit regulations will apply. Credits will be assessed and given for relevant prior learning in the field of mental health, mental health nursing, Indigenous health and Indigenous mental health.

Articulation

The Bachelor, Associate Degree *[Exit Point Only]* and Diploma *[Exit Point Only]* make up an articulated set of courses and credit is given in each higher level course for the subjects completed in the lower.

Graduation requirements

Bachelor of Health Science (Mental Health)

To graduate students must satisfactorily complete 192 points.

Associate Degree in Health Science (Mental Health) *[Exit Point Only]*

To graduate students must satisfactorily complete 128 points.

Diploma of Health Science (Mental Health) *[Exit Point Only]*

To graduate students must satisfactorily complete 64 points.

Course Structure

This course of 192 points duration consists of the following eight and sixteen point subjects:

[MHP105](#) Primary Health Care: Mental Health (8cp)

[MHP109](#) The Body, Illness and Health (8cp)

[MHP111](#) Clinical 1 (16cp)

[MHP112](#) History, Social and Emotional Wellbeing (8cp)

- [MHP113](#) Introduction to Pharmacology in Mental Health (8cp)
- [MHP114](#) Human Development Across the Lifespan (8cp)
- [MHP115](#) Introduction to Substance Use: Alcohol and Other Drugs (8cp)
- [MHP211](#) Clinical 2 (16cp)
- [MHP212](#) Healing Our Spirit: Grief, Loss and Yarning (8cp)
- [MHP213](#) Crisis and Assessment Management (16cp)
- [MHP214](#) Primary Health Care: Community Development (8cp)
- [MHP209](#) Mental Health, Law and Ethics (8cp)
- [MHP216](#) Suicide Prevention (8cp)
- [MHP301](#) Research in Mental Health (16cp)
- [MHP302](#) Professional Issues in Aboriginal and Torres Strait Islander Mental Health (16 cp)
- [MHP311](#) Clinical 3 (16cp)
- [MHP312](#) Sexual Assault, Family Violence and Associated Trauma (8cp)
- [MHP313](#) Working with Families and Diverse Communities (8cp)

Enrolment Pattern

Full-time Distance

Year 1 (Session 1)

- [MHP105](#) Primary Health Care: Mental Health
- [MHP109](#) The Body, Illness and Health
- [MHP111](#) Clinical 1 (commencing)
- [MHP112](#) History, Social and Emotional Wellbeing

Year 1 (Session 2)

- [MHP111](#) Clinical 1 (completing)
- [MHP113](#) Introduction to Pharmacology in Mental Health
- [MHP114](#) Human Development Across the Lifespan
- [MHP115](#) Introduction to Substance Use: Alcohol and Other Drugs

Students may be awarded a Diploma of Health Science (Mental Health) if they exit the course having successfully completed 64 points

Year 2 (Session 1)

- [MHP211](#) Clinical 2 (commencing)
- [MHP212](#) Healing Our Spirit: Grief, Loss and Yarning
- [MHP213](#) Crisis and Assessment Management (commencing)
- [MHP214](#) Primary Health Care: Community Development

Year 2 (Session 2)

- [MHP209](#) Mental Health, Law and Ethics
- [MHP211](#) Clinical 2 (completing)
- [MHP213](#) Crisis and Assessment Management (completing)
- [MHP216](#) Suicide Prevention

Students may be awarded an Associate Degree in Health Science (Mental Health) if they exit

the course having successfully completed 128 points

Year 3 (Session 1)

[MHP301](#) Research in Mental Health (commencing)

[MHP302](#) Professional Issues in Aboriginal and Torres Strait Islander Mental Health (commencing)

[MHP311](#) Clinical 3 (commencing)

[MHP312](#) Sexual Assault, Family Violence and Associated Trauma

Year 3 (Session 2)

[MHP301](#) Research in Mental Health (completing)

[MHP302](#) Professional Issues for Aboriginal and Torres Strait Islander Mental Health (completing)

[MHP311](#) Clinical 3 (completing)

[MHP313](#) Working with Families and Diverse Communities

Workplace learning

Please note that the following subjects may contain a Workplace Learning component.

MHP111 Clinical 1

MHP211 Clinical 2

MHP311 Clinical 3

Residential School

Please note that the following subjects may have a residential school component.

MHP105 Introduction to Primary Health Care: Mental Health

MHP109 The Body, Illness and Health

MHP111 Clinical 1

MHP112 History, Social and Emotional Wellbeing

MHP113 Introduction to Pharmacology in Mental Health

MHP114 Human Development Across the Lifespan

MHP115 Introduction to Substance Use, Alcohol and Other Drugs

MHP209 Mental Health, Law and Ethics

MHP211 Clinical 2

MHP212 Healing Our Spirit: Grief, Loss and Yarning

MHP213 Crisis and Assessment Management

MHP214 Primary Health Care: Community Development

MHP216 Suicide Prevention

MHP301 Research in Mental Health

MHP302 Professional Issues in Aboriginal and Torres Strait Islander Mental Health
MHP311 Clinical 3
MHP312 Sexual Assault, Family Violence and Associated Trauma
MHP313 Working with Families and Diverse Communities

Enrolled students can find further information about CSU residential schools via the [About Residential School](#) page.

Contact

Current Students

For any enquiries about subject selection or course structure you will need to contact your Course Director. You can find the name and contact details for your Course Director in your offer letter or contact your School office.

Prospective Students

For further information about Charles Sturt University, or this course offering, please contact info.csu on 1800 334 733 (free call within Australia) or [enquire online](#).

The information contained in the 2017 CSU Handbook was accurate at the date of publication: May 2017. The University reserves the right to vary the information at any time without notice.

[Back](#)